

WSIB Compensated Programs

Massage Therapy

Total Physio has Registered Massage Therapists at all three clinics. Massage Therapy is the manipulation of soft tissue of the body for a therapeutic effect. Massage Therapy encourages the healing process, improves body alignment and enhances the rehabilitation process. Our Massage Therapists work along side our Physiotherapists and Doctors of Chiropractors in order to achieve optimal results. Most patients take advantage of Massage Therapy after having other treatments to promote mind and body relaxation as well as to enhance circulation.

People of all ages and conditions can benefit from massage.

Massage Therapy is recommended in a variety of situation including:

- Chronic Stress/Tension Release/Headaches
- Relief of Pain/Muscle Spasm
- Muscle Rehabilitation/Improved Joint Mobility
- Arthritis, Joint Stiffness
- Frozen Shoulder
- Restoring Normal Blood and Lymph Flow
- Increased Body Awareness
- General Relaxation
- Car Injuries/Whiplash
- Work Injuries
- Strains/Sprains
- Athletic Injuries

****Please note, in order to receive treatment covered through WSIB, you must have a claim number that has been approved for healthcare services available through our clinics. We will use your claim number to bill WSIB for your treatments. WSIB will cover 1/2 hour massages for WSIB patients.**